

## Activities for Children with LD/MH or Special Needs

### **Scope Space Centre, 10 Pedders Lane, Ashton, Preston PR2 2TH**

(Space is next door to The Willows, across from McDonalds)

#### **For Families with children with special needs - £2.50**

Every Sunday 2.00-3.00pm

Some Saturday Mornings 11.30-12.30 (usually the 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month)  
to book your place ring 01772 760403

#### **Family Session for Older Children (8-18 years) - £2.50**

For dates when sessions will be held Tel 01772 760403, fax 01772 769391  
or email enquiries@fow.global net.co.uk

nb: Carers/respite homes may bring children to these family sessions but priority will be given to families themselves

### **PHAB Daisyfield Community Centre, Moss Street, Blackburn BB1 5JT**

Every Saturday 12.45 – 2.45pm

Mixed group of Children – activities group

Developed from Dyspraxia Support Group but not just for Dyspraxia children

Contact Tracey 01254 57470

### **Chorley All Seasons Leisure Centre. Chorley Challengers.(16-25+ years) FREE**

Monday nights 7-9pm

Take children with mental health problems, Dyspraxia, etc. Older people welcome. Aerobics, adult games, participation events

Contact Joan Cummings 01257 416186

### **Chorley Wildcats (8-16 years)**

Saturdays 9.30-11.00am

(also have Wet & Wild nights once a month)

Contact Mike Mason 01257 267748

### **Preston Panthers, West View Leisure Centre (5-25 years)**

Saturdays 5.00-6.30pm – dry sports and 6.30-7.30pm – wet sports

Brothers and sisters welcome.

Contact Marilyn Gregson 01772 719025

### **Preston Harriers (secondary school aged children to adult)**

Wednesdays 5.45-7.00pm at Preston Sports Arena, Tom Benson Way,

Contact Marilyn Gregson 01772 719025

### **Preston Tiggers**

Tiggers hotline 01253 319210 or 07966 067937

Trampolining club for children with Autistic Spectrum Disorder (ASD) and their families.

Every Saturday 2-4pm at Roebuck Space for Sports & Arts Centre (round the corner from Roebuck School). Structured soft play programme encouraging social interaction and learning.

### **Under 16s Football**

Football coaching for Children with a disability.

Saturday 9-10am at Preston Sports Arena (Preston Soccer Centre), Tom Benson Way

Contact Kath Mason on 07730570688

Saturday 4-5pm at West View Leisure Centre (Cadley Junior FC)

Contact Geoff Thompson on 0780279669

Open to any young person with a disability/impairment and their families.

If you hear of any other activities suitable for children/young people with special needs which we could include in this list, or you find the details have changed, please let Preston Carers Centre know on 01772 200173